## AEROBIC WINTER CHALLENGE Team Monthly Report



Toom Nomo	Team Activity: Y N N H participated:		
Worksite:	<b>Activity Completed:</b>		

## TEAM NAME AND MEMBERS CANNOT CHANGE AFTER OCTOBER 26th

❖ Place **(Y)** for the participant if they were physically active for 14 days out of the month, for at least 30 minutes per day. Place **(N)** for the participant if they were not physically active for the required number of days. Place **(Excused)** if the participant was sick, ill or injured and did not meet their goal.

	Team Members (TL = Team Leader)	NOV Y, N or Excused	DEC Y, N or Excused	<b>JAN</b> Y, N or Excused	FEB Y, N or Excused
TL:					
2.					
3.					
4.					
5.					
6.					
7.					
8.					
9.					
10.					

Team Monthly Reports are due to the Coconino County Public Health Services District by these dates:

December 6<sup>th</sup>, January 7<sup>th</sup>, February 7<sup>th</sup> & March 7<sup>th</sup>.

You may fax to 928.679.7206 or you may e-mail reports to tkerr@coconino.az.gov